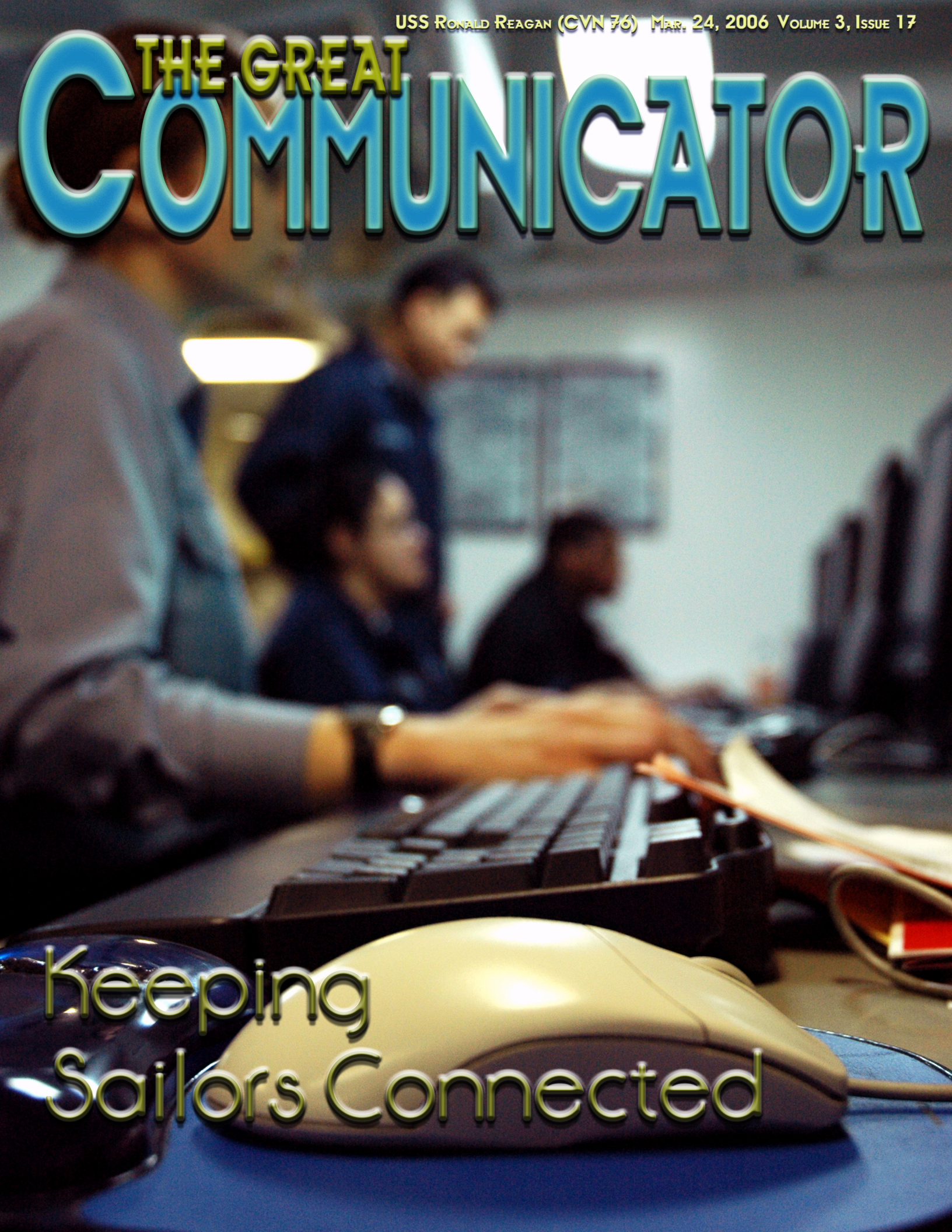


# THE GREAT COMMUNICATOR



keeping  
Sailors Connected





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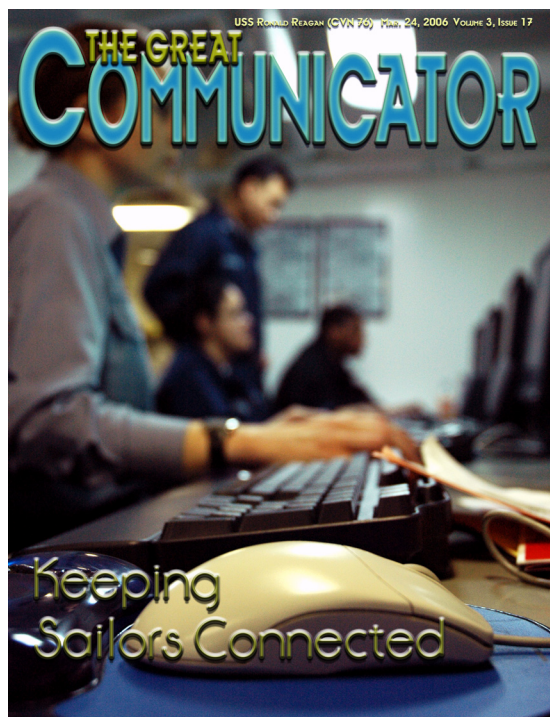
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JO2 Stephanie Senn



## Technology Training

Information Systems Technician 1st Class Chris Hedger indicates the internal components of a computer during Information Security (INFOSEC) training aboard USS Ronald Reagan (CVN 76). Reagan is currently deployed as part of a routine rotation of U.S. maritime forces in support of Operations Iraqi Freedom and Enduring Freedom, as well as conducting Maritime Security Operations (MSO) in the region.  
Photo by PH3 Chris Blachly

## On the front cover



**Photo by:**  
PH3 (AW)  
Aaron Burden

*In the automated data processing (ADP) work center on board USS Ronald Reagan (CVN 76), Sailors work to provide their shipmates with Internet and email connectivity.*

This newspaper is an authorized publication for military members on board USS Ronald Reagan (CVN 76). Contents of The Great Communicator are not the official views of, or endorsed by, the U.S. government, the Department of Defense or the United States Navy.

## Staff Writers

**PH3 (AW)**  
Dominique  
Lasco

**LI3**  
Paul Ahlers

**PH3**  
Sarah Foster

**PH3**  
Chris Blachly

*Photographic and  
printing support is  
provided by CVN 76  
Steel Horse Imaging*



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# ADP keeps Reagan connected to home

By PH3 (AW) Dominique Lasco  
and JOC (SW) Donnie Ryan

*Staff Writer and  
Managing Editor*

For the crew of USS Ronald Reagan (CVN 76) who are currently deployed in support of Operations Iraqi Freedom, Enduring Freedom and Maritime Security Operations (MSO) in the Arabian Gulf, email and the Internet are important forms of communication.

But Sailors shouldn't take these important services for granted, because it takes a professional team of technicians aboard Reagan to keep the system working correctly. This team of hard-working technical experts is known as the Automated Data Processing Division (ADP) of the Combat Systems Department.

ADP's customer service representatives man the help desk around the clock. The team of Sailors assigned to the division

maintains more than 4,800 user accounts and more than 2,000 unclassified computers aboard Reagan.

In addition to fixing computer hardware and software problems, the Internet up and working and the email flowing, the ADP Division also has Sailors who maintain the actual servers on board Reagan. These system administrators work shifts around the clock, 24 hours a day, to make sure the computer systems are operating correctly and not experiencing problems.

Most of the system administrators are senior technicians, with many years of computer network experience. It's their technical knowledge and abilities that keep the systems from crashing when problems do arise.

According to ADP, Sailors don't always understand how emails make it from the United

Sates to the ship when it is deployed. Since emails have to come from the originator, through an Internet service provider, to a stateside relay, then to an overseas relay, and then to a satellite link before making it to ship, there is normally a delay in receiving email when deployed overseas.

"The main problem right now is lack of bandwidth," explains Electronics Technician 1st Class Josh Griffin. "The ship is running on one twentieth of the bandwidth you would run on your home computer, and you share it with everyone else on the ship."

According to Griffin, "bandwidth" refers to how much space or information the ship can send or receive from a satellite. He describes Internet bandwidth like an hour glass – "a lot of sand going through a little hole is like the amount of information trying

to get sent on our bandwidth."

Griffin said he also thinks it's important for Sailors to realize that the same bandwidth is shared for mission critical system in addition to Internet services and personal email accounts aboard the ship.

"This is why we have web user groups," says Information Systems Technician 1st Class Tracy Borrero. "We have to manage the flow of a Sailor's personal needs with the ship's missions."

According to Borrero, the Internet frequently gets shut down to clear and receive these emails from the beach because at any given point in time there are over 2,000 messages on the beach waiting to get on the ship, and roughly 130 messages waiting to get sent off the ship every minute. "We prioritize contact with loved ones over Web surfing," said Borrero.

ADP... Cont. on page 4

## New "Phishing" scam targets TSP users

By Samantha Quigley

*Armed Forces Press Service*

Participants, as well as some non-participants, in the Thrift Savings Plan are targets of a "phishing" scam, an official with the board administering the program said March 20.

Tom Trabucco, director of external affairs for the Federal Retirement Thrift Investment Board, said phishing is an "attempt to get recipients of the unsolicited email to compromise themselves by giving up their personal financial information."

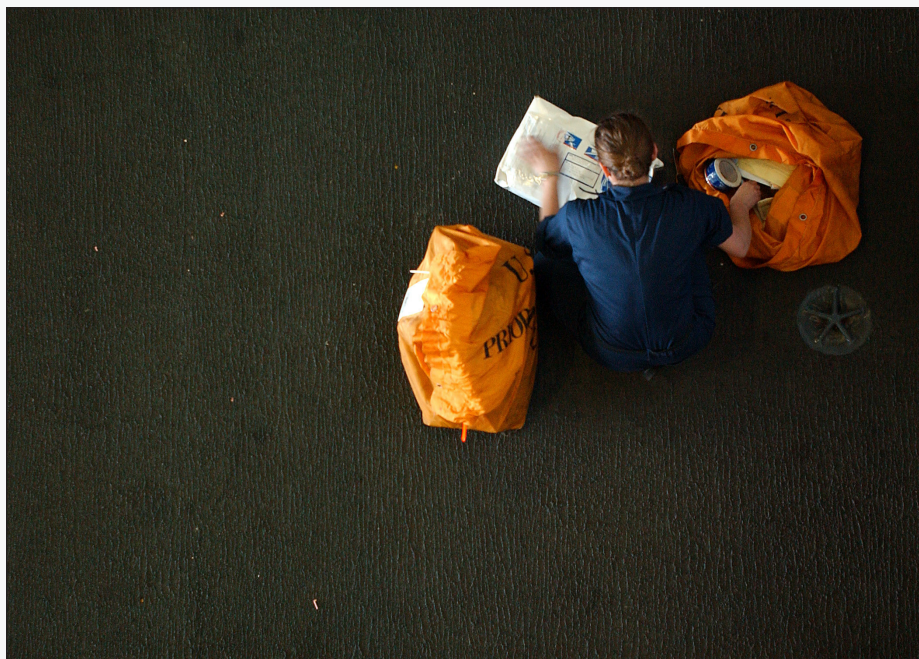
Thrift Savings Plan administrators would never request personal or financial information via email, Trabucco said. "Do not respond to unsolicited email, and never give out information of a personal nature (through) unsolicited emails," he said.

The Federal Retirement Thrift Investment Board alerted Thrift Savings Plan coordinators to the scam in a March 17 memo, the day after the scam was discovered. The memo described it as an unsolicited email with a link to a bogus Web site appearing to be the thrift plan's account-access site.

The bogus site asks for a recipient's social security and Thrift Savings Plan personal identification

Phishing ... Cont. on page 4

## Mail Call!



PHAA Benjamin Brossard

Postal Clerk 3rd Class Laura Gifford sorts incoming mail in the hangar bay aboard USS Ronald Reagan (CVN 76). "Mail call" is an important morale improving event during deployment.

# InsiderdotCom

## How to

[www.eHow.com](http://www.eHow.com)

This site has clear instructions on how to do just about everything. [www.eHow.com](http://www.eHow.com) is the world's most widely read how-to manual. Every month, over four million people visit the site to learn how to do something. With hundreds of thousands of pages of advice, eHow.com offers staff-written, reviewed and edited step-by-step solutions. Every how to solution is clear, concise, and accurate. So whether you are learning how to tie a tie, build a deck, kiss a date, train your dog to heel, ollie on a skateboard, lose weight, negotiate a raise or even throw a curveball – eHow.com can help you.

## Tell us how

[www.wiki.ehow.com](http://www.wiki.ehow.com)

WikiHow is a collaborative writing project to build the world's largest how-to manual. Over time, the community at wikiHow will build a huge how-to manual providing accurate instructions on every topic imaginable. WikiHow is a wiki, which is a website that anyone (including you) can help write or edit. If you want to share your instructions for how to make the perfect lasagna or how to build a go cart, wikiHow is the place to do it. You can also edit and improve upon the work of other authors to make sure that wikiHow remains accurate and helpful. So if you know how to do something, share it.

## This Day in History

### 1989 Exxon Valdez runs aground in Alaska

On this day in 1989, the Exxon Valdez oil tanker hits a reef in Alaska's Prince William Sound, resulting in an enormous oil spill. Though there were no human victims of the crash, hundreds of miles of pristine coastline became coated with oil and thousands of sea birds, mammals and fish perished in the disaster.

### 1958 Elvis joins the Army

Although he had been drafted the previous December, the army granted him a deferral so he could finish shooting his film, King Creole.

## ADP

*Continued from page 3*

Reagan Sailors might not always be happy with the speed of Internet and email service aboard the ship, but ADP personnel say there are many ways individual users can help eliminate email backlogs and speed up service for everyone.

"Don't go to sites you don't need to go to," says Information Systems Technician 1st Class Robert Sales. "If you don't need to surf the Internet, don't get on."

***"Don't go to sites you don't need to go to. If you don't need to surf the Internet, don't get on."***

**– Information Systems Technician  
1st Class Robert Sales**

Additionally, ADP personnel encourage Sailors not to send chain emails or add their email accounts to mailing lists. This will help to eliminate so-called "Spam" and will ultimately speed up service for everyone aboard the ship.

Sailors who are information hungry and want to see news updates can go onto the Global Broadcast Service (GBS) on the ship's intranet. The GBS downloads entire websites onto a separate server allowing Sailors to view the most popular sites on news, sports and weather quickly and without accessing the Internet.

With the help of the hard working computer technicians and systems administrators assigned to ADP Division, Reagan's Sailors are able to keep connected with the latest news and information from back home, wherever that may be.

## WANTED CAPTIONS



Calling all comedians! So you think you're pretty funny, huh? Come up with an amusing, *appropriate* caption for this photo and send it to [sennsd@cvn76.navy.mil](mailto:sennsd@cvn76.navy.mil) with "Caption Contest" in the subject line. The winning caption will be posted in the next issue.

## LAST ISSUE'S WINNERS

### FIRST

I know the ship is low on water, but doing my laundry like this is going to kill me.

ATCS (AW/SW) Terrence McClain  
AIMD/IM3

### SECOND

Really guys, I don't think this was worth it just to get in the caption contest.

ET2 Scott Trantham  
GSD/CS-3



### THIRD

No Submissions





## Carrier Strike Group 9 Enters 7th Fleet AOR

*From USS Abraham Lincoln Public Affairs*

**USS ABRAHAM LINCOLN, At sea (NNS)** -- Carrier Strike Group (CSG) 9, led by Rear Adm. J. W. Goodwin embarked on USS Abraham Lincoln (CVN 72), arrived in the U.S. 7th Fleet area of responsibility in late March as part of a routine scheduled deployment.

While in the region, CSG 9 will be training with coalition partners to improve its ability to operate with naval forces from many nations. The efforts are intended to develop partnerships with nations in the region to enhance security.

## Emory S. Land Sailors Repair School, Build Friendships in Port Gentil

*By JO2(SW) Rebekah Blowers, Commander, U.S. Naval Forces Europe/Commander, U.S. 6th Fleet Public Affairs*

**PORT GENTIL, Gabon (NNS)** -- During a port visit to Port Gentil, Gabon, USS Emory S. Land (AS 39) Sailors worked together to help repair and

refurbish the local Matanda Elementary School through a community relations (COMREL) project March 14-16.

USS Emory S. Land deployed to the Gulf of Guinea in late February to initiate a series of security cooperation activities that will promote regional stability, counterterrorism, and advance U.S. interests in the Gulf of Guinea region, while maintaining positive relations with regional partners.

## Kitty Hawk Works Hard to Play By the Book

*From USS Kitty Hawk Public Affairs*

**YOKOSUKA, Japan (NNS)** -- USS Kitty Hawk's (CV 63) leadership is taking proactive steps to review all procedures performed aboard ship as a way to enforce high safety standards and minimize the hazards found in inherently dangerous shipboard environments.

According to Capt. Ed McNamee, commanding officer of Kitty Hawk, the idea of doing things "by the book" came to him after a recent video teleconference with Vice Adm. James Zortman, commander, Naval Air Forces, and his O-6

operational commanders regarding the unusual number of aviation related mishaps this year.

## Navy Takes New Approach to SpecWar, SpecOps Recruiting

*By JO1 (SW) Jason Keith Pederson, Navy Recruiting District San Diego and JO3 Christopher Menzie, Naval Special Warfare Command Public Affairs*

**CORONADO, Calif. (NNS)** -- The Navy is taking a new approach to recruiting potential candidates for Naval Special Warfare/Naval Special Operations (NSW/NSO) programs with the introduction of NSW/NSO program managers at each Navy Recruiting District (NRD).

To better understand the needs of NSW/NSO, program managers met at the BUD/S (Basic Underwater Demolition/SEAL) training facility in Coronado, Calif., Feb. 28 to March 2 and learned to administer the Physical Screening Test (PST), and attended seminars and briefs about what each program has to offer so applicants can make informed decisions about which program they would like to join, if any.

## Rushmore First to Receive TORIS/TFOM 'Tough Book' Computers

*By JO1 Paula M. Ludwick, Commander, Naval Surface Forces Public Affairs*

**SAN DIEGO (NNS)** -- The amphibious assault ship USS Rushmore (LSD 47) was the first afloat command to receive two "tough book" laptop computers from Afloat Training Group, Pacific, (ATGPAC) as part of the SHIPTRAIN program March 13.

These portable computers will allow the ship's training teams to assess the proficiency of the crew on the spot during various drills run throughout the ship. The "tough books" will also give an immediate overview of areas where more training is needed.

## USS Norfolk Sailors Visit United Arab Emirates

*From U.S. Naval Forces Central Command Public Affairs*

**MANAMA, Bahrain (NNS)** -- USS Norfolk (SSN 714) arrived in the port of Jebel Ali, U.A.E., March 17 for a brief visit, providing

the crew an opportunity for liberty and the Norfolk, Va.-based attack submarine an opportunity for routine upkeep.

Norfolk is currently deployed to the region as a member of Expeditionary Strike Group 8, led by USS Nassau (LHA 4), in support of maritime security operations (MSO) in the Persian Gulf.

## USS Philippine Sea Spends St. Patrick's Day in Boston

*By JO1 Dave Kaylor, Navy Office of Community Outreach - Boston*

**BOSTON (NNS)** -- USS Philippine Sea (CG 58) docked in Boston March 17, kicking off a four-day port visit on St. Patrick's Day weekend.

In the wardroom, community leaders presented the commanding officer, Captain Eugene F. Moran Jr., tokens of appreciation and New England hospitality.

Taking time to explore the rich history and flavors of Boston, Sailors still found enough time to leave an impact on the community with a day of service to the homeless. Several Sailors spent a day of their visit volunteering at the New England Shelter for Homeless Veterans in downtown Boston.



## FIVE DISK CHANGER



**EM3 Paul Valenzuela**  
Various mix CDs  
Linkin Park  
Dilated Peoples  
The Neptunes  
Atmosphere



**MM1 (SW) Maurice Windham**  
Piece of Mind - Iron Maiden  
Phantom of the Opera - NY  
Cast  
Blue Man Group - Audio  
Itzhak Perlman -  
Tchaikovsky Violin Concerto  
Voice of an Angel - Charlotte  
Church



**FN Christopher Kelm**  
Texan Till I Die - Kevin  
Fowler  
Tougher Than the Rest -  
Chris LeDoux  
Dinosaur - Hank Williams  
Jr.  
Honkeytonkville - George  
Strait  
Austin - Blake Shelton



**MM3 Eric Neubert**  
Maybe You've Been  
Brainwashed - New Radicals  
Resident Evil: Apocalypse  
soundtrack  
Advance and Vanquish - 3  
Inches of Blood  
Les Misérables - London  
Cast

## Letters to the Editor

Dear Editor,

Why are people who are supposed to be my "shipmates" so rude? We all have to live and work aboard this mighty war vessel, so we need to make the best of it. Not everyone works the same schedule, so why not be quiet in berthing when you know other Sailors are sleeping? How about a polite "excuse me" instead of shoving your way through the passageway? And, I might be stretching it, how about a 'thank you' every once in awhile when someone does something nice for you? I'm sure the galley staff would really appreciate it. Is this really too much to ask?

Fed up with rudeness

Dear Rudeness,

Thanks for the letter. Hopefully by publishing it in this edition of "The Great Communicator" both you and I will see some results. They say that 'kindness is contagious,' so if every Sailor who reads this letter is nice to everyone today, by the end of the day everyone on the ship should be infected with the spirit of kindness.

The Editor

## Sempertoons by Charles Wolf



## Private Murphy by Mark Baker



## Today's Movies

Ch. 2 - Thank You for  
Smoking  
Ch. 3 - Blade 2  
Ch. 4 - Anchorman  
Ch. 5 - 8 Mile

Ch. 2 - Thank You for  
Smoking  
Ch. 3 - Blade: Trinity  
Ch. 4 - Weatherman  
Ch. 5 - Rush Hour

## Tomorrow's Movies

Ch. 2 - Robin Hood:  
Prince of Thieves  
Ch. 3 - Romy and  
Michelle's High School  
Reunion  
Ch. 4 - Remember the  
Titans  
Ch. 5 - The Punisher

Ch. 2 - Novacaine  
Ch. 3 - Once Upon a  
Time in Mexico  
Ch. 4 - Mystic River  
Ch. 5 - Mulan

## Just for Laughs

Comics provided by  
Military.com

## Ricky's Tour by Mike Jones





**Phishing***Continued from page 3*

numbers. Entering this information takes the user to another screen where they are asked for financial information, including a credit card number, he said, adding that this information can be used to steal an individual's identity.

As long as participants have not responded to this scam email, their accounts have not been compromised, investment board officials said in the memo. Those who did respond should contact their financial institutions immediately for guidance. They should also call the Thrift Savings Plan at

(877) 968-3778 and ask to have their account access blocked, according to the memo.

Phishing emails generally appear to be from a business or organization the recipient may deal with, according to a Federal Trade Commission Consumer Alert issued in June 2005. It may request that the recipient update, validate or confirm account information, the alert said.

Participants are encouraged not to attempt to access their accounts by clicking links offered in any email, according to the memo. Only by opening a new Internet browser and typing the Thrift Savings Plan's Web site into the address field can a participant be sure of accessing the authentic thrift plan Web site.

The thrift plan is a retirement savings plan for 3.6 million federal civilians servicemembers, Trabucco said. Officials don't know how many plan participants the scam has affected, but the FBI is investigating, he added.

**Reagan Idol Update***by L'J3 Annie Turner*

The third installment of Reagan Idol premiered last night on SITE TV, with the final twenty contestants battling it out in front of a live audience for the first time.

One after another the competitors sang their own renditions of their chosen song in the hopes of wowing the live audience and the crew members watching on television.

If you missed this episode of Reagan Idol and still want your chance to vote, you are not too late. The show will be running daily on Hellcat TV (channel 12). You have until Sunday to cast your vote. Here is the run down of who sang what and what number they are so that you can vote for your favorite contestant.

1. CS3 Vanessa Moore "My Heart Will Go On" – Celine Dion
2. AO3 Phillip Welch "6-8-12" – Bryan McKnight
3. FN Antwon Outing "Amazed" – Lonestar
4. AT1 Ryan Kilgo Kryptonite" – 3 Doors Down
5. IS2 Faith Sowell "How do I live" – Leanne Rhymes
6. IC3 Christopher Cranford "Plush" – Stone Temple Pilots
7. AS2 Royce Jones "Don't Want to Miss a Thing" – Aerosmith
8. FCC Jose Miramontes "One Last Cry" – Bryan McKnight
9. IT3 Francisco Miramontes "My Cherie Amore" – Stevie Wonder
10. MM2 Michele Gagnon "Like a Prayer" – Madonna
11. CSSN Helen Watson "Just be a Man About it" – Toni Braxton
12. ABE3 Lavon Turner "These are the Times" – Dru Hill
13. CSSN Britany Dyson "Waterfalls" – TLC
14. DCC Glenn Porter "I believe I can Fly" – R. Kelly
15. IS1 Zirie Benton "Zeyeree" "One in a million" – Larry Graham
16. CS3 Joey Garcia "Blaze of Glory" – Bon Jovi
17. EM3 Kristi Rucker "Against All Odds" – Mariah Carey
18. IS3 Jarrod Fowler "Lights" – Journey
19. OS2 Ariana Olivares "Come to my Window" – Melissa Etheridge
20. AW1 Jonathan Showerman "My Sacrifice" – Creed

To vote for your favorite send an e-mail to Reagan Idol with the number corresponding to the correct contestant in the subject line. Voting closes on Sunday



**Department:**  
Administration  
**Job Title:** CMC  
Yeoman  
**Where are you from?** St. Louis, Mo.  
**What inspires you?** My Father  
**Why did you join the Navy?** Education  
**Who is responsible for your success?** CMC and YN1 Spain  
**What piece of advice would you pass on to others?** Focus on the present, don't dwell on the past

**YNSA John Smedley****March 22, 2006****ABHAN Sherrill Jackson****March 23, 2006**

**Department:**  
Air  
**Job Title:** Director  
**Where are you from?** Philadelphia, Penn.  
**What inspires you?** God  
**Why did you join the Navy?** Career  
**Who is responsible for your success?** My parents  
**What piece of advice would you pass on to others?** Give 100 percent every day



*Is your wife pregnant and  
due before September 1st?*

*Has she had a baby  
since you've been deployed?*

*If so, contact  
The New Moms Committee  
and register for homecoming!*

[rrnewmoms@yahoo.com](mailto:rrnewmoms@yahoo.com)

